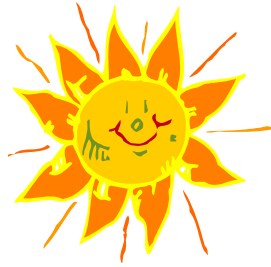


Mt. Laurel Skiers Newsletter

June 2009



from the President . . .

I am sitting here relaxing after a very long week and I am wondering what it is I should put down on paper as my first message from your new MTL President!! Well ... here goes; I want all of you to know how privileged I feel to be voted in as president of this great ski club. The support that has been offered from many of you has been overwhelming. Although I have only been in the club for a few years, it feels longer, the friendships I have made are very special. I joined the club to find friends to ski with but I have found so much more and many more activities that I enjoy. I am really looking forward to this coming year, all that it will bring, working with our new officers & board members and of course all of you!!! I want to thank Jonathan for a great 4 years of presidency, Tom Knudsen for his service, and those officers & board members that have given their time over this past year.

We had our annual banquet this past weekend, which was a great time for all that attended, great food, great music and so many raffle prizes (thanks Aletta). We installed the new officers & board members. Our new MTL ambassador to the CSC is Betsy Chase, we honored Pat Moore (surprise) with Lifetime membership, Rick Sullivan as member of the year and Rhonda Idleman as prospective

member of the year. BIG thanks to Sharon Houck & her committee on another great banquet.

As we move into the summer months we are looking forward to our Summer Picnic in July & all the ongoing events like biking, hiking & kayaking. The lobster cookout is back at Winding Trails in September. We have a great fly trip to Zermatt & our Eastern Drive trip to Sunday River scheduled for our next ski season!! It will be here before we know it.

I hope you all have a wonderful summer and I look forward to seeing you at our activities. Please watch the web site and check the calendar for meeting dates & all our other activities.

Kay Leatherman



Happy Campers! • June 19-21

Bike along scenic Narragansett Bay, ride the carousel, kayak or just hang out. Get ready for another fun weekend communing with nature as well as good food and good drink. We're going back to Melville Ponds Campground in beautiful Portsmouth RI for another great weekend of biking, kayaking and singing around the campfire June 19-21. Contact Joe Mangione to reserve your spot!



Joe Mangione • 860-646-7505

WINTER FLY TRIP • 2010 • Zermatt



Things are going very well for the Zermatt trip to Switzerland. We are currently over

1/2 full and it's only the end of May. For those interested, the flyer is on line at www.mtlski.com under fliers and forms. The trip is January 29th 2010 thru February 6th 2010. It includes Airfare, Transfers, Hotel for 7 nights with breakfast and dinner. Zermatt is known as the Aspen of Europe and you could have the opportunity to Ski to Italy for lunch as you ski by the Matterhorn. The price is \$1599.00. For further information, call me.

Eric Ardolino 203-265-9293



Mountain Laurel Hikers •



Hike with fellow MTL members and guests this spring. Be aware spring weather in Connecticut is variable, so it's a good idea to bring rain gear even if the sun is shining. Water, and snacks are always a good idea, and we recommend hiking boots. We always plan a pizza and beer outing at a local watering hole after each hike. Most last about 3 hours. The pace is reasonable to allow for socializing.

May 31 (Sunday) • Barkhamstead • People's State Forest • Jeanne Delehanty • 860-748-5858. From the junction of Rte 44 and Rte 318 turn onto Rte 318. Cross the Farmington River and turn left onto East River Road. Continue on East River Rd for 2.5 miles to a parking area on the left (west) side. Across the road is a sign for the Jesse Gerard Trail. This hike is rated difficult. It combines history, nature, incredible mountain views and features Manitou stones, glacial boulders, and a beaver meadow. **Anyone wanting to car pool should be at the Staple's Parking Lot at the corner of Rte 44 and Rte 167 at 11:30am.** If not, meet us at the trailhead at 12:30PM.

June 7 • Mt. Monadnock, Jaffrey NH • Rick Sullivan • 860-675-3403 home, 860-324-4952 cell. Meet at D.O.T. commuter parking lot at I-91 & Rte 218 at 9am. To get there take exit 35 on I-91 and follow signs for Rte 218 west. The lot is on the south side of the street. We'll car pool, convoy from there approximately 2.5 hours to Mt Monadnock State Park. There are many trails to the top. I plan to take the White Cross/White dot trail; the shortest and steepest.

June 14 • Middletown • Seven Falls • Rick Sullivan • 860-675-3403 home, 860-324-4952 cell. From exit 10 (Aircraft Rd) on Route 9 south of Middletown. From Aircraft Road follow route 154 south for .8 mi to Seven Falls park on left. This hike is rated C, moderate. The park has many picnic tables and barbecue pits near the brook. The apres hike activity will be a picnic, bring your drinks and something to eat or barbecue. I'll bring the charcoal.

June 21 • Summer Solstice Surprise • Jeanne Delehanty • 860-748-5858. When we decide where it'll be we'll post it on the web site's calendar. We want to be sure the hike we choose will be suitable for Solstice Celebrations ... Druids beware!

June 28 • Simsbury/Granby • McLean Game Refuge • Jeanne Delehanty • 860-748-5858. Take exit 40 from I-91. Follow signs for Rte 20 west to the intersection with Rte 10. Continue west on Rte 20 for .2 mi to a fork. Bear left to stay on Rte 20 for 1.1 mi to left on Barndoor Hills Rd. The Refuge HQ and Picnic area is 1.1 miles further on the left. The after hike activity will be a barbecue/picnic. BYOB and something to barbecue. We'll bring the charcoal.

Deadline July 2009 • 17 June

The deadline for the July Newsletter is June 17 - Third Wednesday. Please email news items to: irene_murray@sbcglobal.net or fax 860-644-3951 if you do not see Irene at a meeting.

East Ski Trip Sunday River 7-10 March, 2010



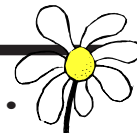
\$550.00 Five Day/Five Night Ski and Stay.

Package includes:

- Five nights lodging in Grand Summit Resort Hotel
 - Five & 1/2 day lift tickets
 - Five daily 90 minute ski or ride group clinics
 - Daily Breakfast Buffet
 - Three Dinners
- And MORE - SEE FLYER. Visit www.sundayriver.com for mountain/area facts.

Trip Leaders

Anne Alden & Kay Leatherman



Cheer •

The end of the season has come and there is lots to look back on. Pat Moore has traded his full leg cast for the softer version to support his healing broken ankle obtained while racing in the Senior Olympics in Steamboat Springs, Colo. Meanwhile, Rick Sullivan shed his leg cast just in time to do some March skiing in VT and Lana Parks squeezed her sprained ankle into her boot to get the last runs as Okemo closed. Stephanie Eason, Florence Knudsen, Diane Dubruiel and Marsha Baretta all had surgeries for conditions unrelated to skiing. We wish them all well. And the most recent member to go under the knife is Stan Wasel who is recovering from knee surgery. Lastly, **congratulations** go to Lana Parks on the arrival of her first granddaughter. If you have any news of our members, please let me know.

**Thanks, Milli • 860-871-0484
milliarnold57142@aol.com**

Monday Night Biking • Andy Le Clair, Chairperson, 860-283-4889



The season is underway and the first rides have had good turnouts. Of course it rained for the Bristol ride but 20 braved the drizzle which ended with some showers at the finish. The New Hartford ride saw 40 members of MTL and NSC enjoy the scenic route and pizza. We expect to see at least as many for the South Windsor ride.

June 1 • Berlin • 25 Webster Square Rd • Suburban Sports • Anne Alden • 828-3378 • Rte 9 South to exit 22, right off exit onto Mill St. right onto Webster Square Rd. Short, medium, long and “macho” rides. **Pizza follows.**

June 8 • Manchester • Deane Young, 141 Center St., Manchester • 860-647-8884 • Joint ride with MTL and NSC. Rte 384 east to exit 3. Bear right off the exit ramp and go straight on Main St. through downtown. At the top of the hill, left onto Center St. House is on right. **Picnic follows, rain or shine. Bring a chair and a friend!**

June 15 • Bloomfield • Jim Mays Memorial Ride hosted by Neal Fisher. • Joint ride with NSC. Rte 91 north to exit 35B, Rte 218 West. Go through 3 lights, 3rd blinking, turn right onto Blue Hills Ave., Rte 187. At 2nd light turn left on Park Ave., go past high school, cross RR tracks and turn into Northeast plaza on right. **Pizza follows.**

June 22 • Meriden • 166 Goodspeed Ave. • Dan & Debbie Roman • 203-237-1727 • Joint ride with Meriden, NSC, and MTL. Rte 91 to 691 west to exit 4, go left at the end of the ramp. Go to the first red light and take a right onto Spruce St. Go to the end and take a left onto Johnson Ave. Take the first right onto Goodspeed Ave. Follow the signs for parking at the house. **Picnic follows, bring a chair and a bathing suit for the pool.**

June 29 • Farmington • Talcott Plaza • George Lape • 860-693-1866 • Joint ride with NSC. Park in the back of the lot. Rte 84 east to exit 39. At light turn right onto Farmington Ave. At 4th traffic light turn left into Talcott Plaza. **Pizza follows.**

A REMINDER that helmets are mandatory, as is the sign out/in policy. Bring water and plan to arrive before the 6:00 start time, if possible.



Andy Le Clair, bike chairperson, 860-283-4889

CT Walk in the Park •

Thank you team MT Laurel Skiers! We had 20 walkers, one runner and one biker attend the event on May 9 and raised over \$300 for the CT Breast Health Initiative. Next year we plan to expand the team and consider it the pre-Sunday hike. Another thanks to those who made pledges to the team and who joined the Happy Hour the night before when I distributed the bibs and shirts.

Charlotte Le Clair












Kayaking •

June 14 • Mystic River. Meet at 10:00am. Spray Skirt recommended. From the Hartford/Middletown area, take Rt 9 South to Rt 95 north. Take Exit 90 off Rt 95 towards Mystic Seaport, downtown Mystic. Go past Mystic Seaport on the right. Take your first right on Isham. Launch is at the end of the street. We will meet in the Mystic parking lot which is free, you may want to take a bathroom stop at a fast food place or in the center of Mystic before launching since there are no facilities at the launch. Fred’s cell is (860) 857-6406, Irene’s is (860) 919-8252. We will have them turned on that a.m.

June 21 • Camp Weekend in RI. Kayak with the campers in the vicinity of Portsmouth RI, maybe even Newport! Kayaking will begin after we break camp on Sunday.



mt laurel skier's calendar

sunday	monday	tuesday	wednesday	thursday	friday	saturday
	1  Monday Night Bike Berlin	2	3 Bd & Reg Meeting Whinstone Tavern	4	5	6
7  Sunday Hike Jaffrey NH	8  Monday Night Bike Manchester	9	10 NO MEETING	11	12	13
14  Sunday Hike Middletown or Kayaking Mystic	15  Monday Night Bike Bloomfield	16	17 Regular Meeting News Deadline	18	19  CAMPING WEEKEND RI, BIKING & KAYAKING	20 
21  Sunday Hike Mystery	22  Monday Night Bike Meriden	23	24 NO MEETING	25	26	27
28  Sunday Hike Simsbury/ Granby	29  Monday Night Bike Farmingham	30	 June 2009			

MtL Skier's newsletter is designed and produced by MG Marketing Associates of Madison 203.421.4840

June Meetings ·
Whinstone Tavern
Stanley Golf Course
245 Hartford Road
New Britain CT
SAVE THE DATES

June

- 01 Monday Night Biking, Berlin
 - 03 6:30 Bd Mtng/8pm Reg Mtng
@ Whinstone Tavern
 - 07 Sunday Hike, Jaffrey NH
 - 08 Monday Bike, Manchester
 - 10 NO MEETING
 - 14 Sunday Hike, Middletown, or
Kayaking, Mystic
 - 15 Monday Bike, Bloomfield
 - 17 8pm Regular Meeting, NEWS
DEADLINE
 - 19-21 Camping Weekend RI, Biking
and Kayaking
 - 21 Sunday Hike, Summer
Solstice Surprise
 - 22 Monday Bike, Meriden
 - 24 NO MEETING
 - 28 Sunday Hike, Simsbury/
Granby
 - 29 Monday Bike, Farmingham
- ## July
- 01 6:30 Bd Mtng/8pm Reg Mtng
@ Whinstone Tavern
 - 08 NO MEETING
 - 15 Picnic at Currier Woods
 - 17-19 Summer Bike/Hike/Kayak
Weekend @ the Lodge
 - 22 Regular Meeting
 - 29 NO MEETING

Mt Laurel Skiers

P O Box 4
Farmington, CT 06034

2009-2010 Officers

President • Kay Leatherman • president@mtlski.com
 V President • Chuck Hannah • vicepresident@mtlski.com
 Secretary • Bob Wallace • secretary@mtlski.com
 Treasurer • Rick Sullivan • treasurer@mtlski.com
 Asst Sec/Trea • Betsy Chase
 Past President • Jonathan Houck

CSC Ambassador • Betsy Chase

Board Members • Board@MtlSki.com

Kathy Amenta
Irene Murray
Pat Revoir
Mandy Weber





BIKE WEEKEND 2009 • Schedule of Events

FRIDAY NIGHT Pasta dinner and welcome party. BYOB.

SATURDAY BIKING: Three routes, three lengths. (25 mile route is marked. Maps for all rides provided.) BYOB.

25 mile bike: Coast down Proctorsville Gulf, cross the 3,000' long dam that creates North Springfield Lake ([dam description](#)) and then stop at Stoughton Pond (if it's hot, go for a swim. Did you know that the pond is stocked with rainbow trout and is home to the endangered *beaverhunongous*?). Continue north to Downers Corner for an ice cream, and then take Scenic Designated Route 131 right back to the lodge.

40 mile bike: Turn left out of the driveway and follow Scenic Designated Route 131 straight through Downers Corner and across the Connecticut River. Head North and cross back on the Cornish-Windsor Covered Bridge ([Cornish-Windsor Bridge](#)), the longest two-span covered wood bridge in the world! Loop around the north side of Mt. Ascutney and return on Route 131.

65 mile bike: enjoy Scenic Designated Route 131 to Downers Corner and head north to Woodstock. Stop at the Long Trail Brewery and then cycle past the childhood home of Calvin Coolidge ([Coolidge Homestead](#)). (Did you know that he was mayor of Northampton, Massachusetts?) Continue back through Ludlow.

SATURDAY HIKING: Rick & Jeanne will be conducting a **test hike** (this is definitely a **TEST** -- we haven't hiked it before and will be "trialing" it as possible location for Fall Hike -- no promises on degree of difficulty, etc.). We'll be hiking the full 11 mile loop (Don't worry - it won't be that long if we select it for Fall Hike!!!). Everyone is welcome to join us for some or all of the test. BYOB.

SATURDAY NIGHT

FOOD

6:00 Happy Hour. BYOB. Appetizers provided.

7:00 BBQ Dinner. Includes hamburgers, hot dogs, veggie burgers and other griller surprises, side dishes, salads, veggies & desserts. BYOB.

ENTERTAINMENT

Sonny & Cher (Rich & Pattie Clairwood) are getting in touch with their country side and will be hosting a square dance in the barn complete with lessons. Bring your cowboy hat and boots. The best DJ and callers that money can buy have been contracted. Frank has cleared out the barn, too! There is nothing square about square dancing! BYOB.

BONFIRE: out back for the romantics. BYOB.

SUNDAY

BREAKFAST: A variety of baked French Toast entrees and souffle (BYOB).

HIKING: A short, moderate hike at White Rocks Park in Wallingford, VT. Off Rt 103 about 25 minutes from the Lodge.

A BEAUTIFUL spot. Could involve a spontaneous picnic, BYOB.

KAYAKING: Fred and Irene Murray will lead a kayak trip. BYOB.

CYCLING: To be determined.

PRICES:

All inclusive weekend price — \$65.00. Make your reservations with and pay Lisa Durland, 860-533-1981 or email to: lodge@mtnski.com. Send check to 70 Coughlin Road, Manchester, CT 06040 BYOB.

A LA CARTE: Pricing

Pasta Dinner Friday night: \$ 5

Dinner Saturday night: \$ 15

QUESTIONS???

Neal Fisher 860-665-9653 or email to: wnealfisher@gmail.com

Jeanne Delehanty 860-651-3257

BYOB





EASTERN DRIVE TRIP TO SUNDAY RIVER
MARCH 7-12, 2010

\$550.00 Five Day/Five Night Ski and Stay Package Includes:

Five nights lodging in The Grand Summit Resort Hotel (ski in/ski out, full service hotel with outdoor heated, swim in/swim out pool and Jacuzzi, health club, sauna)

Five & ½ day lift tickets (668 skiable acres, 8 interconnected mountain peaks, 131 named trails, 16 lifts)

Five daily 90 minute ski or ride group clinics (ages 15+)

Slopeside ski-check

Valet service

Luggage storage

Wireless Internet

And of course, taxes and resort fees

Plus all this other good stuff...

3 Dinners in Legends Grille, located right in the Grand Summit Hotel, seating of 10 people every 30 minutes

Welcome Party Sunday night

(drinks can be purchased in Legends)

Daily Breakfast Buffet in Legends Grille

HUGE buffet with omelet station

FREE resort shuttle servicing every base lodge and lodging property for transportation around the resort

FREE municipal shuttle service called the Mountain Explorer that services Sunday River and the Village of Bethel, which Ski Magazine once called "the greatest ski town in the Universe". Tons of shopping, bars, restaurants and activities can be found in Bethel.

Sunday River reigns as New England's favorite resort according to the readers of onthesnow.com & SnowEast Magazine. The Grand Summit Resort Hotel was recently named to Conde Nast Travelers list of the Top 50 Resort Hotels in America.

Trip Leaders Anne Alden & Kay Leatherman

Deposit of \$175 due by Oct 21, 2009 Final Payment Due Dec 4, 2009
Mail payment & reservation to Anne Alden PO Box 861 Southington, CT 06489

Name: _____

Total Due: \$550.00/person

Address: _____

Deposit PD: _____

Roommate Name requested: _____

Date Rcv'd: _____

E-Mail Address: _____

Final Payment Rcv'd: _____

Any Special Room Request or Meals: _____

Cancellations will not be refunded after 1/6/2010