



Monday Night Biking

Thank you to everyone who has hosted and attended the rides so far this season. If you haven't joined us before, be aware that there are always ride options and someone to ride with on the route. Plan to arrive before 6:00 to set up your bike and sign out. Helmets are mandatory, as is the sign out/in.

8/1/11 Simsbury , 1375 Hopmeadow St . International Skating Ring. Host Ellen Gilbert
860-965-2875

Directions: I-91 North take exit 37 Rte 305. Go West on 305 right on Rte 187 North, than take Rte 189 North into Tariffville. In Tariffville, take a left onto rte 315 right onto Rte 10-202. Go .5 mile north on Rte 10/202. Skating Rink on Left. Park in the back. Pizza to follow

8/8/11 Middletown, Host Charlie Luckhardt 860-716-7036 - Neal's old ride South of Middletown. Rt 9 exit 11. At bottom of exit, go right (up hill) on Randolph rd. to top of hill. Turn left at light on Saybrook rd. North. Go about 1/4 mile to small shopping center called TRADEWINDS on left. Park near Roberto's restaurant. 749 Saybrook Rd. Middletown, Ct. Pizza to follow

8/15/11 Farmington, Talcott Plaza 230 Farmington Ave. George Lape 860-693-1866
Group Ride with Newington Club

Directions: 84 Exit 39. At light turn right onto Farmington Ave. At 4th traffic light turn left into Talcott Plaza. Meet in the back of the lot.

8/22/11 East Hartford, 994 Forbes St Hosts Clyde Proch and Scott Farrar 860-568-2656 Group Ride with Newington Club

Directions: 84E to exit 58. Right to Silver Lane, left onto Silver Lane to Forbes St. Right onto Forbes St. Picnic to follows, bring a chair

8/29/11 Last Ride! Southington, 33 Village Gate, Dr Ron Kapraszewski 860-621-6382
& Lisa Day 860-628-7395 Group Ride with Newington Club.

Directions: 84 or 91 to 691. exit 4 Take a right if Westbound, left if eastbound onto 322. Take right at 1st traffic light onto Meriden Ave. Take first right onto Village Gate Dr. Picnic to follow, bring a chair, towel and bathing suit

Questions: Contact bike coordinator Kathy Amenta: 860-306-9902

FLY TRIP 2012 TO PARK CITY UTAH

We are currently full on our Fly Trip to Utah. Will take deposits for three extra rooms and try to clear as needed. I did get the air for these rooms, currently the hotel wants an enormous amount of money extra for these rooms. I feel confident that we will be able to accommodate these requests. Please see the website for the application. For new members, the trip is January 28 though February 4, 2012. Cost is \$1399.00 out of Hartford. For more information, call Eric at 203-265-9293.



GO ROCK CATS!!!

We are going to a Rock Cat's Game again this summer!! Weds Aug 10th, 7:05pm start time. If you want to go, send a check to Kay Leatherman, 47 Chasse Rd, Wolcott, Ct 06716. \$7.50/person includes your ticket, a hot dog, pop corn & drink. Come join us for a great night!! Tickets will be picked up that night at the will call window at the stadium.





AUGUST KAYAK TRIPS AND ACTIVITIES

RESCUE LESSON: Wed., Aug. 24. Learn how to rescue yourself and others in deep water. These skills are essential if you are to expand your paddling beyond an easy swim to shore. This course requires good physical stamina, good swimming ability and comfort in the water. Common risks and their prevention will be covered.

When: Wednesday 8/24, 6-8 PM (please plan to arrive 15 minutes early)

Where: Collinsville Canoe & Kayak, 41 Bridge Street, Collinsville, CT (860) 693-6977 <http://www.cckstore.com/index.htm>

Cost: \$39 per person. Full payment is required to reserve your spot. A maximum of 6 people can be accommodated. A wait list will be established if necessary.

Other: You can bring your own kayak or use one from CCK. Rain does not cancel but thunder/lightning does.

How to register:

1. Check for \$39 payable to MTL.
2. Name, height, weight, cell #.
3. Do you need a CCK boat or will you use your own?
4. Completed waiver: <http://www.cckstore.com/pdf/adultrelease.pdf>

Send to: Joe Mangione, 383 Lake Street, Vernon, CT 06066- 860-402-0492.

Sun. Aug. 7 Clinton Town Marina (rain cancels trip) Meet at 10 A.M. -Leader Barbara Wysocki bwysocki@copper.net (cell 860-913-8450). This is a diverse paddle. For those wanting fairly quiet water go to the right thru the channel where there is a "no wake zone" and paddle the Hammonasset River. Stay to your left where you will paddle thru marshes go under route 1 to a large rock and a waterfall (scenic). Go to the left and you are heading out to the ocean. If you go around the bend on your right there is a beach where you can get out to picnic and swim or go straight and paddle to duck island. I am told there is a chimney on the island. Time: 3-4 hours For those who want to eat afterwards there is a restaurant right there with a covered deck overlooking the water that has entertainment called Rocky's Aqua on the Water. Bring a light lunch or snack to hold you until we eat afterwards at Rocky's. DIRECTIONS-----Rt. 91 south to Rt. 9. Take exit 9 to Rt. 81. Follow Rt. 81 to the center of Clinton then take a right onto Rt. 1. At the first traffic light turn left onto Grove St (there will be a shell gas station on the left corner). Follow Grove St to the end and turn right on Riverside Dr. Do not launch at the "boat Launch". There is a sandy launch area between a blue sign for the Clinton Town Marina and Rocky's Aqua on the Water Restaurant. Plenty of parking.

Sun Aug 21st, leader, Kay Leatherman, akayl@comcast.net (203) 232-2613. Launch at Great Island Boat Launch at 10 am, head up to the Lieutenant River and then back to the sound for a swim. Food and or Ice Cream to follow at Hallmark Drive In. Along this segment of the Lieutenant River you can paddle a narrow tidal river while enjoying the sights and smells of nearby Long Island Sound. A turn along a bend in the river might provide a view of a tidal marsh or nesting osprey. From the launch, if you paddle to your right, or downstream, you are a little over 0.8 mile from the Connecticut River. If you proceed left (upstream or inland) from the launch, you have about 2.5 miles of scenic paddling. DIRECTIONS to Great Island Launch: I-95 to exit 70, go south on Rt. 156 (Shore Road) approx. 2 miles to Smith's Neck Rd. on right. Follow it to end.

September dates to save: Sept. 4, Farmington River, Sept. 11 Thimble Islands

Send your idea and date you would like to lead a trip to any of To submit any kayak trips for July or August, contact the Coordinators: Joe Mangione; joemangi@comcast.net, Angie Testa at angitest@comcast.net, Irene Murray at irene_murray@sbcglobal.net, or Fred Murray at Fred_g_murray@sbcglobal.net. We are looking forward to paddling in new as well as old familiar places this year!

**AS TRIPS ARE SUBMITTED, THEY WILL BE POSTED ON THE WEB CALENDAR
SO CHECK THERE FOR FUTURE TRIPS! (double click on date for directions!)**



ANNUAL SHELTER ISLAND BIKE RIDE

The annual Bike Ride/Fire Dept lunch/arts and craft show/will be **Saturday August 27th**. We meet at the New London Ferry Dock, 2 Ferry St, New London, CT 8:30am/boat leaves for Orient Point 9 am. Parking available across the street. Any questions call John V.Bazzano (860-604-0408) anytime before 9 pm.



Eastern Drive Trip is On!!

We're going back to Sunday River in Maine, Feb 26 - Mar 2, 2012.

We are looking forward to another great trip to this great hotel and ski resort.

The flyer is posted on line for specific pricing, you can print and mail with your deposit.

The pricing has changed slightly from last year due to an increase from the resort, but it is still an awesome value, 5 nights of lodging, 5 1/2 day lift tickets, 5 breakfasts & 3 dinners, plus the welcome party on Sunday night.

Trip Leaders:

Anne Alden & Kay Leatherman

MEMBERSHIP NEWS

Membership renewals....

The membership renewal period is in full swing. Visit our website to remind yourself of all the activities the club offers throughout the year!

Attached at the back of this newsletter is a renewal form and instructions for online renewals. As I am rebuilding the roster please complete everything on the form. If you have access to a computer with Excel software, you can use the online form which will greatly assist me in the roster rebuild. The online forms have been updated.

No access to a computer or don't have excel? That's not an issue, just print off the PDF version of the form, complete it and mail it to me. Hard copy forms will also be available at the club meetings. Mail completed forms and your check to:



Betsy Chase
MTL Membership
23 Kenwood Circle
Bloomfield, CT 06002

Membership Committee....

At one of the April club meetings there was a general discussion of how to make the prospective members feel more welcome. We now have a membership committee that consists of Mary Sullivan, Jim Combs, Steve Wall and Betsy Chase. A number of ideas were brought forward and we need your help. Starting with the September meetings, we are asking that everyone wear a name tag. These will be supplied. It's so much easier to start talking with someone when you know their name.

We are also starting a mentorship program where member volunteers will be matched with prospective members. The idea is to have someone to greet the 'prospectives', get to know them and introduce them around. They would also be there to answer questions, give direction and help them to stay on track for meeting the membership requirements. To do this we need a few friendly folks who regularly attend meetings to volunteer for this. If interested, just send an email to MTL membership. Hope to hear from you!

SEND YOUR MEMBERSHIP RENEWAL IN TODAY, WHAT ARE YOU WAITING FOR??

AUGUST 2011

SUN.	MON.	TUE.	WED.	THU.	FRI.	SAT.
	1	2	3 Board & Reg. Mtg.	4	5	6
7 Kayak Clinton	8	9	10 No Mtg	11	12	13
14	15 Bike Manches- ter	16	17 Reg. Mtg	18	19	20
21 Kayak Lieutenant River	22 Bike Meriden	23	24 No Mtg.	25	26	27 Shelter Island Bike Trip
28	29 Bike Avon	30	31 No Mtg.			

Meetings at Whinstone
Tavern
Board Mtg. 6:00 p.m.
Reg. Mtg. 7:30 p.m.
See Calendar for this month's events and
articles in the
Newsletter for detail

SAVE THESE DATES

8/3 Bd. & Reg. Mtg.
8/7 Kayak Clinton
8/17 Reg. Mtg.
8/21 Kayak Lieutenant River
8/27 Shelter Island Bike Trip
9/7 Bd. & Reg. Mtg.
9/14 Reg. Mtg.
9/18 Lobster Cookout
9/21 Reg. Mtg.
9/28 Annual Open House

Websites:
www.mtlski.com;
www.skiclub.com

Mt. Laurel Ski Club
P O Box 4
Farmington, CT 06034

2011-2012 Officers

- ◆ Kay Leatherman president@mtlski.com
- ◆ Betsy Chase vicepresident@mtlski.com
- ◆ Rhonda Idleman secretary@mtlski.com
- ◆ Rick Sullivan treasurer@mtlski.com
- ◆ Kathy Amenta Asst Sec/Treasurer
- ◆ Jonathan Houck Past President

- ◆ Bob Wallace CSC Ambassador

Board Members

- * Anne Alden
- * Rich Clairwood
- * Wayne Cormier
- * Scott Farrar
- * Joe Mangione
- * Bob Sjostedt
- * Jan Wallace



Annual MTL Lobster Cookout

Sunday September 18, 2011

Winding Trails, Farmington, CT

10am - 6pm



Cookout Rain or Shine

Food Includes: Appetizers, Lobster Dinner, Hot Dogs, Hamburgers, Soda, Deserts

Lobster serving at 2pm

Activities: Volleyball, Softball, Hiking, Horseshoes

BYOB & lobster eating utensils & chairs

For more information Contact:
Jonathan Houck 203-272-0560

Please fill out and mail with payment to: Jonathan Houck
6 Promontory Dr.
Cheshire, CT 06410

Name(s): _____



Adult/Child Lobster: \$27.00 _____

Adult Dogs/Burgers: \$16.00 _____

Child (under 6 free) age 7-16 Dogs/Burgers: \$9.00 _____

TOTAL AMOUNT ENCLOSED: _____

Make checks payable to MTL Ski Club

RSVP & PAYMENT MUST BE RECEIVED BY SEPT 17, 2011



MT. Laurel Skiers Club

2011-2012 Membership Renewal

Please Print Name as it is to appear in the roster

Date: _____

On Line Roster

Name(s): _____

Home Ph: _____

Y or N

Address _____

Work Cell: _____

Y or N

City: _____ ST: _____ Zip: _____

* **E-MAIL:** _____ Y or N

Opt out of MTL Vendors e-mail notices.

Year Joined Mt. Laurel Skiers: _____

Membership Dues

Type of membership desired:

Club Dues*

Individual (18 yrs & older)

\$55.00

Household (any 2 adult members residing at the same address, children
Under 18 and children attending post high school between 18-22)

\$80.00

Student (between 18 -24) list school _____

\$25.00

Charter & Lifetime members (exempt from dues)

*** If payment not postmarked by Aug 31, 2011, a late fee of \$15.00 must be included**

Membership Application & Waiver

I hereby wave, release & discharge from any and all claims or liabilities against Mt. Laurel Skiers Club., its officers, Board of Members, activity leaders or trip organizers for any injury I might sustain on Mt. Laurel Skiers Club sponsored programs or trips. I attest that I am physically fit and have been advised and prepared for the possible hazards of these events. I hereby affirm that I am 18 years of age or older and that I have read this document and understand its contents.

***Signature(s):** _____

***All members must sign. For household membership, all adult members must sign.**

Family Members:

Please include the following information for each family member

Name	Sex	Relationship	Date of Birth
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Emergency Contact Name: _____ Relationship _____ Ph: _____

Make Checks Payable to: Mt. Laurel Skiers

Mail to: Betsy Chase
MTL Skiers
23 Kenwood Circle
Bloomfield, CT 06002

Club Use Only

Cash _____ Ck _____ Ck # _____

Late Fee: _____

Total: _____ Dt Rcv'd: _____

Roster Updated: _____



THE EASTERN DRIVE TRIP TO SUNDAY RIVER IS ON AGAIN!!

Feb. 26 - Mar 2, 2012

Five Day/Five Night Ski and Stay Package Includes:

Five nights lodging in The Grand Summit Resort Hotel (ski in/ski out, full service hotel with outdoor heated, swim in/swim out pool and Jacuzzi, health club, sauna)

Five & 1/2 day lift tickets (668 skiable acres, 8 interconnected mountain peaks, 131 named trails, 16 lifts)

Five daily 90 minute ski or ride group clinics (ages 15+)

Luggage storage

Wireless Internet

Welcome Party Sunday night (Drinks can be purchased in Legends)

3 Dinners in Ballroom North, located right in the Grand Summit Hotel. **ONLY alcoholic beverages purchased from Legends Grille can be taken in to dinner.**

Daily Breakfast Buffet at Legends Grille –HUGE buffet with omelet station - Private MTL seating in Ballroom No. **FREE** resort and municipal shuttle service

Slopeside Ski-check

Luggage Storage & Valet Service

Taxes & Resort Fees

Sunday River reigns as New England's favorite resort according to the readers of onthesnow.com & SnowEast Magazine. 8 peaks 131 trails & glades. The Grand Summit Resort Hotel was recently named to Conde Nast Travelers list of the Top 50 Resort Hotels in America.

Trip Leaders Anne Alden & Kay Leatherman

Deposit of \$200/person due by Oct 21, 2011 Final Payment Due Dec 4, 2011
Mail payment & reservation form to Anne Alden PO Box 861 Southington, CT 06489
(Checks made out to MTL) Cancellations will not be refunded after 1/4/2012

Name: _____

Double Occupancy: \$577.00/person

Address: _____

Double Occupancy No Lift Ticket: \$437.00/person

Single Occupancy: \$832.00

Single Occupancy No Lift Tickets: \$707.00

Senior rate lift tickets: - \$20.00

E-Mail Address: _____

Pkg Total: _____

Senior ___ Non-Senior ___

Deposit: _____

Roommate Name: _____

Balance Due: _____

By 12/4/2011

ROOM CHOICE:

Standard Room (2 beds) ___ Studio (Murphy bed & pull out sofa w/kitchen) ___

Dinner Selection: **Please check your choice of dinner for each night below!!**

Mon: Pan Roasted Salmon w/Cilantro Pesto **F**___ New York Sirloin Steak **B**___
Rotisserie Half Chicken w/Rosemary Jus **C**___ Vegetarian Lasagna **V**___

Weds: Baked Haddock w/Buttery Herb Crust **F**___ Tournedos of Petit Tenderloin w/Jack Daniels Demi Glace **B**___
Seared Chicken Breast w/Herbed Lemon Cream **C**___ Vegetarian Stir Fry **V**___

Thurs: Maple Ginger Glazed Salmon **F**___ Roast Pork Loin glazed w/Apple Normandy Sauce **B**___
Herbed Chicken Breast w/Bourbon Peppercorn Sauce **C**___ Vegetarian Roasted Vegetable Medley **V**___